

PHYSIOTHERAPY & BREASTFEEDING

LECTURE • SERIES



Role of physiotherapy in blocked milk duct and mastitis from breastfeeding

Intent

Breastfeeding can become a painful experience in the presence of painful blocked milk duct and mastitis. There is an emerging role with growing evidence for physiotherapy management in these breastfeeding conditions. The management would include the use of the therapeutic ultrasound, a modality familiar to physiotherapists, and is pain-free, unlike many traditional methods.

Join Shirley to explore what we can do for new moms in Singapore!

Target Audience

Physiotherapist interested in expanding their service into breastfeeding health

Approach

This online talk is presented in a lecture format. Participants would expect content with relevant literature. Interactive components may be included.

Speak

Ms Shirley Le

Bio: www.physioedgesg.com

Dues¹

SGD 20 (1hr)

Meet²

Date: 12th Jun 2026

Time: 7 – 8pm

Reg: 6.45pm

@ Google Meet³

Connect

FL@practice-matters.com

Timeline: by 1st Jun '26

CPE Cat1a points apply

¹ fees are non-refundable, except in situations with valid MC

² the organizer reserves the right to cancel/reschedule the course. A full refund will be made, as appropriate

³ requirement for sign-in for CPE purposes [will be advised at sign-up]